



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Rothaus, Willy

Club: LG Ems - VfL Sassenberg
Number: 1255

Course: 21.10 km
Halbmarathon

Category:
Männer M50

Total time: 1:53:49

Speed: 11.07 km/h
Running performance: 5:23 min/km

Rank in course/Total: 87 (of 142)

Rank in course/Men: 79 (of 107)

Best time in course: 1:18:01

Rank in category: 10(of 16)

Best time in the category: 1:24:19