



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Hälker, Arthur

Club: TUS 07 Freckenhorst
Number: 1203

Course: 21.10 km
Halbmarathon

Category:
Männer M45

Total time: 1:54:52

Speed: 10.97 km/h
Running performance: 5:26 min/km

Rank in course/Total: 88 (of 142)

Rank in course/Men: 80 (of 107)

Best time in course: 1:18:01

Rank in category: 20(of 25)

Best time in the category: 1:27:25