



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Diekmann, Ute

Club: Bell Zett e.V.

Number: 1233

Course: 21.10 km

Halbmarathon

Category:

Frauen W35

Total time: 1:55:17

Speed: 10.93 km/h

Running performance: 5:28 min/km

Rank in course/Total: 90 (of 142)

Rank in course/Women: 9 (of 35)

Best time in course: 1:23:24

Rank in category: 3(of 6)

Best time in the category: 1:45:34