



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

Hillmann, Carsten

Club: Kamp-Lintfort

Number: 1012

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:55:20

Speed: 10.92 km/h

Running performance: 5:28 min/km

Rank in course/Total: 91 (of 142)

Rank in course/Men: 82 (of 107)

Best time in course: 1:18:01

Rank in category: 24(of 29)

Best time in the category: 1:18:01