



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

**Pfaff, Helene**

Club: Warendorf  
Number: 1029

Course: 21.10 km  
Halbmarathon

Category:  
Frauen W20

Total time: 1:57:32

Speed: 10.72 km/h  
Running performance: 5:34 min/km

Rank in course/Total: 96 (of 142)

Rank in course/Women: 10 (of 35)

Best time in course: 1:23:24

Rank in category: 2(of 4)

Best time in the category: 1:23:24