



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Friederici, Christa

Club: SG Sendenhorst
Number: 1182

Course: 21.10 km
Halbmarathon

Category:
Frauen W45

Total time: 1:59:51

Speed: 10.51 km/h
Running performance: 5:41 min/km

Rank in course/Total: 102 (of 142)

Rank in course/Women: 12 (of 35)

Best time in course: 1:23:24

Rank in category: 5(of 11)

Best time in the category: 1:36:25