



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Ollhoff, Michael

Club: Beckum
Number: 1024

Course: 21.10 km
Halbmarathon

Category:
Männer M40

Total time: 2:02:33

Speed: 10.33 km/h
Running performance: 5:49 min/km

Rank in course/Total: 107 (of 142)

Rank in course/Men: 93 (of 107)

Best time in course: 1:18:01

Rank in category: 28(of 29)

Best time in the category: 1:18:01