



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Elferich, Verena

Club: DJK Gütersloh
Number: 1221

Course: 21.10 km
Halbmarathon

Category:
Frauen W35

Total time: 2:04:52

Speed: 10.09 km/h
Running performance: 5:55 min/km

Rank in course/Total: 112 (of 142)

Rank in course/Women: 16 (of 35)

Best time in course: 1:23:24

Rank in category: 4(of 6)

Best time in the category: 1:45:34