



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Münch, Dieter

Club: Marathon Soest
Number: 1160

Course: 21.10 km
Halbmarathon

Category:
Männer M60

Total time: 2:07:03

Speed: 9.96 km/h
Running performance: 6:01 min/km

Rank in course/Total: 116 (of 142)

Rank in course/Men: 98 (of 107)

Best time in course: 1:18:01

Rank in category: 3(of 4)

Best time in the category: 1:43:19