



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Tönnies, Nina

Club: Josefschule Warendorf
Number: 283

Course: 2.30 km
Schülerlauf

Category:
weibliche Schüler D

Total time: 14:00

Speed: 8.57 km/h
Running performance: 6:05 min/km

Rank in course/Total: 149 (of 232)

Rank in course/Women: 55 (of 109)

Best time in course: 9:48

Rank in category: 30(of 73)

Best time in the category: 10:02