



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Amato, Angelo

Club: Warendorf
Number: 1202

Course: 21.10 km
Halbmarathon

Category:
Männer M45

Total time: 2:20:10

Speed: 8.99 km/h
Running performance: 6:38 min/km

Rank in course/Total: 133 (of 142)

Rank in course/Men: 105 (of 107)

Best time in course: 1:18:01

Rank in category: 25(of 25)

Best time in the category: 1:27:25