



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Höhne, Birgit

Club: Warendorf
Number: 1184

Course: 21.10 km
Halbmarathon

Category:
Frauen W40

Total time: 2:21:36

Speed: 8.90 km/h
Running performance: 6:43 min/km

Rank in course/Total: 135 (of 142)

Rank in course/Women: 30 (of 35)

Best time in course: 1:23:24

Rank in category: 3(of 5)

Best time in the category: 1:38:23