



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

**Prestin, Katja**

Club: Wiedenbrücker TV  
Number: 1218

Course: 21.10 km  
Halbmarathon

Category:  
Frauen W40

Total time: 2:23:01

Speed: 8.81 km/h  
Running performance: 6:47 min/km

Rank in course/Total: 136 (of 142)

Rank in course/Women: 31 (of 35)

Best time in course: 1:23:24

Rank in category: 4(of 5)

Best time in the category: 1:38:23