



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Christina, Ringkamp

Club: Oelde
Number: 633

Course: 5.00 km
Jedermannlauf

Category:
Frauen W40

Total time: 24:46

Speed: 12.11 km/h
Running performance: 4:57 min/km

Rank in course/Total: 22 (of 44)
Rank in course/Women: 1 (of 13)
Best time in course: 24:46

Rank in category: 1(of 3)
Best time in the category: 24:46