



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Mestekemper, Elena

Club: WTV Lauftreff
Number: 1022

Course: 21.10 km
Halbmarathon

Category:
Frauen W30

Total time: 2:23:13

Speed: 8.80 km/h
Running performance: 6:47 min/km

Rank in course/Total: 137 (of 142)

Rank in course/Women: 32 (of 35)

Best time in course: 1:23:24

Rank in category: 3(of 3)

Best time in the category: 2:01:01