



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

Pauly, Susanne

Club: Castrop-Rauxel  
Number: 1026

Course: 21.10 km  
Halbmarathon

Category:  
Frauen W45

Total time: 2:23:22

Speed: 8.79 km/h  
Running performance: 6:47 min/km

Rank in course/Total: 139 (of 142)

Rank in course/Women: 33 (of 35)

Best time in course: 1:23:24

Rank in category: 11(of 11)

Best time in the category: 1:36:25