



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Rösink, Renate

Club: Münster
Number: 1191

Course: 21.10 km
Halbmarathon

Category:
Frauen W40

Total time: 2:54:50

Speed: 7.21 km/h
Running performance: 8:17 min/km

Rank in course/Total: 141 (of 142)

Rank in course/Women: 34 (of 35)

Best time in course: 1:23:24

Rank in category: 5(of 5)

Best time in the category: 1:38:23