



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Hüfken, Michael

Club: Ahlen
Number: 601

Course: 5.00 km
Jedermannlauf

Category:
Männer M50

Total time: 26:05

Speed: 11.50 km/h
Running performance: 5:13 min/km

Rank in course/Total: 25 (of 44)

Rank in course/Men: 23 (of 31)

Best time in course: 16:14

Rank in category: 1(of 4)

Best time in the category: 26:05