



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Plachta, Marian

Club: TV Friesen Telgte
Number: 643

Course: 5.00 km
Jedermannlauf

Category:
männliche Jugend B

Total time: 26:48

Speed: 11.19 km/h
Running performance: 5:22 min/km

Rank in course/Total: 28 (of 44)

Rank in course/Men: 25 (of 31)

Best time in course: 16:14

Rank in category: 2(of 2)

Best time in the category: 20:31