



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Hirnstein, Franziska

Club: Overbergschule

Number: 194

Course: 2.30 km

Schülerlauf

Category:

weibliche Schüler D

Total time: 14:27

Speed: 9.55 km/h

Running performance: 6:17 min/km

Rank in course/Total: 162 (of 232)

Rank in course/Women: 64 (of 109)

Best time in course: 9:48

Rank in category: 36(of 73)

Best time in the category: 10:02