



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

Nickel, Michael

Club: Sportschule der Bundeswehr  
Number: 5

Course: 5.00 km  
Jedermannlauf

Category:  
männliche Jugend A

Total time: 27:42

Speed: 10.83 km/h  
Running performance: 5:32 min/km

Rank in course/Total: 33 (of 44)

Rank in course/Men: 28 (of 31)

Best time in course: 16:14

Rank in category: 2(of 2)

Best time in the category: 24:30