



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Arnot, Rebecca

Club: Harsewinkel
Number: 639

Course: 5.00 km
Jedermannlauf

Category:
Frauen W20

Total time: 27:53

Speed: 10.76 km/h
Running performance: 5:35 min/km

Rank in course/Total: 35 (of 44)
Rank in course/Women: 6 (of 13)
Best time in course: 24:46

Rank in category: 1(of 2)
Best time in the category: 27:53