



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Toepper, Karin

Club: WSU Warendorf
Number: 619

Course: 5.00 km
Jedermannlauf

Category:
Frauen W45

Total time: 29:33

Speed: 10.15 km/h
Running performance: 5:55 min/km

Rank in course/Total: 38 (of 44)
Rank in course/Women: 9 (of 13)
Best time in course: 24:46

Rank in category: 3(of 3)
Best time in the category: 26:53