



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Wilhelm, Andre

Club: SC Steinbach-Hallenberg

Number: 1610

Course: 10.60 km

Geländelauf

Category:

Männer M20

Total time: 36:13

Speed: 16.57 km/h

Running performance: 3:25 min/km

Rank in course/Total: 6 (of 171)

Rank in course/Men: 6 (of 140)

Best time in course: 34:20

Rank in category: 4(of 19)

Best time in the category: 34:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Adolfsburg	7.60	27:14	3:35	4	1:42	8	1:42	7.60	27:14	3:35	17		8	1:42
Finish	3.00	8:59	2:59	4	0:11	5	0:11	10.60	36:13	3:25	4	1:53	6	1:53