



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Heinz, Kristian

Club: SC Motor Zella-Mehlis

Number: 1606

Course: 10.60 km

Geländelauf

Category:

männliche Jugend B

Total time: 38:08

Speed: 15.73 km/h

Running performance: 3:36 min/km

Rank in course/Total: 9 (of 171)

Rank in course/Men: 9 (of 140)

Best time in course: 34:20

Rank in category: 3(of 8)

Best time in the category: 35:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Adolfsburg	7.60	28:32	3:45	3	1:34	9	3:00	7.60	28:32	3:45	3	1:30	9	3:00
Finish	3.00	9:36	3:11	3	0:42	12	0:48	10.60	38:08	3:35	3	2:12	9	3:48