



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Pickel, Manuel

Club: LSV Unstrut-Hainich

Number: 1724

Course: 10.60 km

Geländelauf

Category:

männliche Jugend A

Total time: 40:44

Speed: 15.61 km/h

Running performance: 3:50 min/km

Rank in course/Total: 17 (of 171)

Rank in course/Men: 17 (of 140)

Best time in course: 34:20

Rank in category: 3(of 6)

Best time in the category: 35:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Adolfsburg	7.60	30:38	4:01	3	4:05	22	5:06	7.60	30:38	4:01	3	4:05	17	5:06
Finish	3.00	10:06	3:22	3	0:59	16	1:18	10.60	40:44	3:50	3	4:48	17	6:24