



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Andres, Peter

Club: Eisenacher LV

Number: 1634

Course: 10.60 km

Geländelauf

Category:

Männer M40

Total time: **41:51**

Speed: 15.20 km/h

Running performance: 3:57 min/km

Rank in course/Total: 25 (of 171)

Rank in course/Men: 25 (of 140)

Best time in course: 34:20

Rank in category: 4(of 19)

Best time in the category: 40:29

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Adolfsburg	7.60	31:20	4:07	3	1:05	25	5:48	7.60	31:20	4:07	17		25	5:48
Finish	3.00	10:31	3:30	3	0:20	24	1:43	10.60	41:51	3:56	4	1:22	25	7:31