



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Wiesemann, Holger

Club: SV Normania Treffurt e.V.

Number: 1742

Course: 10.60 km

Geländelauf

Category:

Männer M35

Total time: 41:59

Speed: 15.15 km/h

Running performance: 3:58 min/km

Rank in course/Total: 26 (of 171)

Rank in course/Men: 26 (of 140)

Best time in course: 34:20

Rank in category: 5(of 21)

Best time in the category: 40:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Adolfsburg	7.60	31:32	4:08	5	1:14	27	6:00	7.60	31:32	4:08	18		26	6:00
Finish	3.00	10:27	3:28	5	0:37	22	1:39	10.60	41:59	3:57	5	1:51	26	7:39