



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Hüttenmüller, Uwe

Club: SG Eintracht Wendehausen

Number: 1778

Course: 10.60 km

Geländelauf

Category:

Männer M30

Total time: 42:01

Speed: 15.14 km/h

Running performance: 3:58 min/km

Rank in course/Total: 27 (of 171)

Rank in course/Men: 27 (of 140)

Best time in course: 34:20

Rank in category: 3(of 9)

Best time in the category: 39:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Adolfsburg	7.60	31:04	4:05	3	1:16	24	5:32	7.60	31:04	4:05	3	1:16	27	5:32
Finish	3.00	10:57	3:38	3	1:29	38	2:09	10.60	42:01	3:57	3	2:45	27	7:41