



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Omland, Burkhard

Club: VFL 28 Ellrich

Number: 1723

Course: 10.60 km

Geländelauf

Category:

Männer M50

Total time: 42:45

Speed: 14.88 km/h

Running performance: 4:02 min/km

Rank in course/Total: 30 (of 171)

Rank in course/Men: 30 (of 140)

Best time in course: 34:20

Rank in category: 2(of 7)

Best time in the category: 41:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Adolfsburg	7.60	fehlt!	-	-	-	-	-	7.60	-	-	-	-	-	-
Finish	3.00	42:45	14:15	7	32:01	138	33:57	10.60	42:45	4:01	2	1:31	30	8:25