



## 5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

### Detailed evaluation

**Pohl, Tizian**

Club: SV Normania Treffurt e.V.

Number: 1679

Course: 10.60 km

Geländelauf

Category:

männliche Jugend B

Total time: 43:04

Speed: 13.93 km/h

Running performance: 4:04 min/km

Rank in course/Total: 33 (of 171)

Rank in course/Men: 33 (of 140)

Best time in course: 34:20

Rank in category: 4(of 8)

Best time in the category: 35:56

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Adolfsburg	7.60	32:10	4:13	4	5:12	33	6:38	7.60	32:10	4:13	4	5:08	32	6:38
Finish	3.00	10:54	3:38	5	2:00	36	2:06	10.60	43:04	4:03	4	7:08	33	8:44