



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Wiemann, Thomas

Club: VFL 28 Ellrich

Number: 1680

Course: 10.60 km

Geländelauf

Category:

männliche Jugend B

Total time: 44:18

Speed: 13.54 km/h

Running performance: 4:11 min/km

Rank in course/Total: 42 (of 171)

Rank in course/Men: 42 (of 140)

Best time in course: 34:20

Rank in category: 6(of 8)

Best time in the category: 35:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Adolfsburg	7.60	32:58	4:20	5	6:00	39	7:26	7.60	32:58	4:20	6	5:56	41	7:26
Finish	3.00	11:20	3:46	7	2:26	44	2:32	10.60	44:18	4:10	6	8:22	42	9:58