



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Krause, Raimund

Club: LV-Einheit Greiz

Number: 1675

Course: 10.60 km

Geländelauf

Category:

Männer M65

Total time: 46:17

Speed: 13.74 km/h

Running performance: 4:22 min/km

Rank in course/Total: 57 (of 171)

Rank in course/Men: 57 (of 140)

Best time in course: 34:20

Rank in category: 1(of 7)

Best time in the category: 46:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Adolfsburg	7.60	34:40	4:33	1	-	56	9:08	7.60	34:40	4:33	1	-	56	9:08
Finish	3.00	11:37	3:52	1	-	55	2:49	10.60	46:17	4:21	1	-	57	11:57