



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Liehr, Andreas

Club: SV Mihla

Number: 1787

Course: 10.60 km

Geländelauf

Category:

männliche Jugend A

Total time: 50:01

Speed: 12.72 km/h

Running performance: 4:43 min/km

Rank in course/Total: 79 (of 171)

Rank in course/Men: 76 (of 140)

Best time in course: 34:20

Rank in category: 4(of 6)

Best time in the category: 35:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Adolfsburg	7.60	37:49	4:58	4	11:16	76	12:17	7.60	37:49	4:58	4	11:16	74	12:17
Finish	3.00	12:12	4:03	4	3:05	72	3:24	10.60	50:01	4:43	4	14:05	76	15:41