



## 5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

### Detailed evaluation

**Käppler, Gerd**

Club: SV Normania Treffurt e.V.

Number: 1780

Course: 10.60 km

Geländelauf

Category:

Männer M45

Total time: 50:15

Speed: 12.66 km/h

Running performance: 4:44 min/km

Rank in course/Total: 81 (of 171)

Rank in course/Men: 78 (of 140)

Best time in course: 34:20

Rank in category: 11(of 20)

Best time in the category: 39:49

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Adolfsburg	7.60	38:10	5:01	11	7:49	79	12:38	7.60	38:10	5:01	1	-	76	12:38
Finish	3.00	12:05	4:01	10	2:37	71	3:17	10.60	50:15	4:44	11	10:26	78	15:55