



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Städtler, Manfred

Club: TSV05 Utendorf

Number: 1757

Course: 10.60 km

Geländelauf

Category:

Männer M55

Total time: 50:16

Speed: 12.65 km/h

Running performance: 4:44 min/km

Rank in course/Total: 82 (of 171)

Rank in course/Men: 79 (of 140)

Best time in course: 34:20

Rank in category: 5(of 14)

Best time in the category: 42:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Adolfsburg	7.60	37:38	4:57	5	6:18	74	12:06	7.60	37:38	4:57	5	6:18	72	12:06
Finish	3.00	12:38	4:12	6	1:49	82	3:50	10.60	50:16	4:44	5	8:07	79	15:56