



# 5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

## Detailed evaluation

**Kunze, Guido**

Club: Laufladen zwei G

Number: 1794

Course: 10.60 km

Geländelauf

Category:

Männer M40

Total time: 50:39

Speed: 12.56 km/h

Running performance: 4:47 min/km

Rank in course/Total: 83 (of 171)

Rank in course/Men: 80 (of 140)

Best time in course: 34:20

Rank in category: 15(of 19)

Best time in the category: 40:29

### Intermediate times

### Stage score

### Total ranking

| Control    | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
|------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|
|            |             |               |                 |             |                |            |               |             |               |                 |             |                |            |               |
| Adolfsburg | 7.60        | 37:10         | 4:53            | 15          | 6:55           | 73         | 11:38         | 7.60        | 37:10         | 4:53            | 6           | 2:36           | 78         | 11:38         |
| Finish     | 3.00        | 13:29         | 4:29            | 16          | 3:18           | 104        | 4:41          | 10.60       | 50:39         | 4:46            | 15          | 10:10          | 80         | 16:19         |