



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Reinz, Claudia

Club: SV Normania Treffurt e.V.

Number: 1746

Course: 10.60 km

Geländelauf

Category:

Frauen W35

Total time: 51:43

Speed: 11.60 km/h

Running performance: 4:53 min/km

Rank in course/Total: 91 (of 171)

Rank in course/Women: 6 (of 31)

Best time in course: 48:40

Rank in category: 2(of 8)

Best time in the category: 49:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Adolfsburg	7.60	38:31	5:04	2	1:04	5	2:03	7.60	38:31	5:04	2	1:04	25	1:32
Finish	3.00	13:12	4:23	3	0:45	7	1:00	10.60	51:43	4:52	2	1:49	6	3:03