



# 5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

## Detailed evaluation

Alexander, Brandt

Number: 1749

Course: 10.60 km

Geländelauf

Category:

Männer M20

Total time: 51:59

Speed: 11.54 km/h

Running performance: 4:54 min/km

Rank in course/Total: 93 (of 171)

Rank in course/Men: 86 (of 140)

Best time in course: 34:20

Rank in category: 13(of 19)

Best time in the category: 34:20

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Adolfsburg	7.60	38:34	5:04	13	13:02	83	13:02	7.60	38:34	5:04	8	4:26	84	13:02
Finish	3.00	13:25	4:28	17	4:37	102	4:37	10.60	51:59	4:54	13	17:39	86	17:39