



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Hartmann, Mario

Club: Laufgruppe Treffurt

Number: 1771

Course: 10.60 km

Geländelauf

Category:

Männer M35

Total time: 52:30

Speed: 11.43 km/h

Running performance: 4:57 min/km

Rank in course/Total: 96 (of 171)

Rank in course/Men: 89 (of 140)

Best time in course: 34:20

Rank in category: 15(of 21)

Best time in the category: 40:08

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Adolfsburg	7.60	39:53	5:14	17	9:35	92	14:21	7.60	39:53	5:14	8	5:38	87	14:21
Finish	3.00	12:37	4:12	14	2:47	80	3:49	10.60	52:30	4:57	15	12:22	89	18:10