



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Wahl, Klaus-Dieter

Club: Lauffreunde Gotha

Number: 1739

Course: 10.60 km

Geländelauf

Category:

Männer M55

Total time: 52:31

Speed: 11.42 km/h

Running performance: 4:57 min/km

Rank in course/Total: 97 (of 171)

Rank in course/Men: 90 (of 140)

Best time in course: 34:20

Rank in category: 7(of 14)

Best time in the category: 42:09

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Adolfsburg	7.60	39:17	5:10	7	7:57	88	13:45	7.60	39:17	5:10	7	7:57	88	13:45
Finish	3.00	13:14	4:24	8	2:25	95	4:26	10.60	52:31	4:57	7	10:22	90	18:11