



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Scheerschmidt, Giselher

Club: SV Mihla

Number: 1809

Course: 10.60 km

Geländelauf

Category:

Männer M50

Total time: 52:36

Speed: 12.09 km/h

Running performance: 4:58 min/km

Rank in course/Total: 98 (of 171)

Rank in course/Men: 91 (of 140)

Best time in course: 34:20

Rank in category: 6(of 7)

Best time in the category: 41:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Adolfsburg	7.60	39:39	5:13	5	9:09	90	14:07	7.60	39:39	5:13	5	9:09	89	14:07
Finish	3.00	12:57	4:18	6	2:13	87	4:09	10.60	52:36	4:57	6	11:22	91	18:16