



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Junghans, Andre

Club: SV Normania Treffurt e.V.

Number: 1715

Course: 10.60 km

Geländelauf

Category:

Männer M35

Total time: 52:58

Speed: 12.01 km/h

Running performance: 5:00 min/km

Rank in course/Total: 100 (of 171)

Rank in course/Men: 93 (of 140)

Best time in course: 34:20

Rank in category: 16(of 21)

Best time in the category: 40:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Adolfsburg	7.60	39:16	5:10	15	8:58	87	13:44	7.60	39:16	5:10	7	5:01	91	13:44
Finish	3.00	13:42	4:33	19	3:52	111	4:54	10.60	52:58	4:59	16	12:50	93	18:38