



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Müller, Jörg

Club: Krauthausen

Number: 1632

Course: 10.60 km

Geländelauf

Category:

Männer M35

Total time: 53:36

Speed: 11.19 km/h

Running performance: 5:04 min/km

Rank in course/Total: 105 (of 171)

Rank in course/Men: 98 (of 140)

Best time in course: 34:20

Rank in category: 17(of 21)

Best time in the category: 40:08

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Adolfsburg	7.60	39:29	5:11	16	9:11	89	13:57	7.60	39:29	5:11	6	5:14	96	13:57
Finish	3.00	14:07	4:42	20	4:17	117	5:19	10.60	53:36	5:03	17	13:28	98	19:16