



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Lukaczek, Axel

Club: Eisenacher LV

Number: 1782

Course: 10.60 km

Geländelauf

Category:

Männer M35

Total time: 53:44

Speed: 11.84 km/h

Running performance: 5:04 min/km

Rank in course/Total: 106 (of 171)

Rank in course/Men: 99 (of 140)

Best time in course: 34:20

Rank in category: 18(of 21)

Best time in the category: 40:08

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Adolfsburg	7.60	40:24	5:18	18	10:06	95	14:52	7.60	40:24	5:18	5	6:09	97	14:52
Finish	3.00	13:20	4:26	17	3:30	98	4:32	10.60	53:44	5:04	18	13:36	99	19:24