



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Ewald, Wolfgang

Club: Weimarer Spezialmontagen

Number: 1758

Course: 10.60 km

Geländelauf

Category:

Männer M55

Total time: 54:16

Speed: 11.72 km/h

Running performance: 5:07 min/km

Rank in course/Total: 109 (of 171)

Rank in course/Men: 102 (of 140)

Best time in course: 34:20

Rank in category: 8(of 14)

Best time in the category: 42:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Adolfsburg	7.60	41:03	5:24	9	9:43	101	15:31	7.60	41:03	5:24	8	9:43	99	15:31
Finish	3.00	13:13	4:24	7	2:24	94	4:25	10.60	54:16	5:07	8	12:07	102	19:56