



# 5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

## Detailed evaluation

**Dienes, Kay**

Club: Eisenach

Number: 1709

Course: 10.60 km

Geländelauf

Category:

männliche Jugend A

Total time: 55:14

Speed: 11.51 km/h

Running performance: 5:13 min/km

Rank in course/Total: 115 (of 171)

Rank in course/Men: 107 (of 140)

Best time in course: 34:20

Rank in category: 6(of 6)

Best time in the category: 35:56

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Adolfsburg	7.60	42:28	5:35	6	15:55	109	16:56	7.60	42:28	5:35	5	15:55	104	16:56
Finish	3.00	12:46	4:15	5	3:39	84	3:58	10.60	55:14	5:12	6	19:18	107	20:54