



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Reinz, Michaela

Club: SV Normania Treffurt e.V.

Number: 1684

Course: 10.60 km

Geländelauf

Category:

Frauen W30

Total time: 55:50

Speed: 10.75 km/h

Running performance: 5:16 min/km

Rank in course/Total: 121 (of 171)

Rank in course/Women: 10 (of 31)

Best time in course: 48:40

Rank in category: 2(of 3)

Best time in the category: 55:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Adolfsburg	7.60	41:46	5:29	2	0:12	9	5:18	7.60	41:46	5:29	2	0:12	21	4:47
Finish	3.00	14:04	4:41	2	0:01	13	1:52	10.60	55:50	5:16	2	0:13	10	7:10