



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Wietschorke, Ernst

Number: 1786

Course: 10.60 km
Geländelauf

Category:
Männer M65

Total time: 55:57

Speed: 11.37 km/h

Running performance: 5:17 min/km

Rank in course/Total: 122 (of 171)

Rank in course/Men: 112 (of 140)

Best time in course: 34:20

Rank in category: 3(of 7)

Best time in the category: 46:17

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Adolfsburg	7.60	42:58	5:39	3	8:18	113	17:26	7.60	42:58	5:39	3	8:18	109	17:26
Finish	3.00	12:59	4:19	2	1:22	88	4:11	10.60	55:57	5:16	3	9:40	112	21:37