



5. Trefffurter Stadtlauf

Treffurt / 13.09.2008

Detailed evaluation

Burghardt, Rolf

Club: Mihla

Number: 1802

Course: 10.60 km

Geländelauf

Category:

Männer M60

Total time: 56:41

Speed: 10.59 km/h

Running performance: 5:21 min/km

Rank in course/Total: 126 (of 171)

Rank in course/Men: 116 (of 140)

Best time in course: 34:20

Rank in category: 4(of 7)

Best time in the category: 48:59

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|------------|-------|-------|--------|------|--------|-----|--------|-------|-------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Adolfsburg | 7.60 | 43:10 | 5:40 | 3 | 5:04 | 116 | 17:38 | 7.60 | 43:10 | 5:40 | 3 | 5:04 | 113 | 17:38 |
| Finish | 3.00 | 13:31 | 4:30 | 3 | 1:35 | 107 | 4:43 | 10.60 | 56:41 | 5:20 | 4 | 7:42 | 116 | 22:21 |